Denis Law Mayor



Proclamation

Whereas, heart disease continues to be the leading cause of death in the United States and affects men and women of every age and race; and

Whereas, someone in the United States dies from cardiovascular disease every 38 seconds; and

Whereas, the chance of developing coronary heart disease can be reduced by taking simple steps to prevent and control certain factors that put people at greater risk; and

Whereas, Renton Heart Month serves to increase public awareness of the importance of fighting cardiovascular disease by developing good eating habits, being physically active, and taking advantage of preventative screenings; and

Whereas, being aware of the warning signs of a heart attack or stroke and knowing what to do may help save a life; all Renton residents are encouraged to learn how to perform cardiopulmonary resuscitation (CPR) and use an automatic external defibrillator (AED);

*Now, therefore,* I, Denis Law, Mayor of the City of Renton, do hereby proclaim February 2019 to be

## Renton Heart Month

and I encourage all residents to increase their awareness of cardiovascular disease, detection, and prevention by participating in this important community risk reduction campaign.

In witness whereof, I have hereunto set my hand and caused the seal of the City of Renton to be affixed this 4th day of February, 2019.

Denis Ldw, Mayor City of Renton, Washington

